





Waitsfield Elementary January School Menu

Student \$3.25 Reduced Child FREE Adult \$4.50

Each day the lunch menu includes our full salad bar, fruit yogurt/cottage cheese and milk (skim & 1%).

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School 		2 <u>Welcome Back Lunch</u> Stuffed Shells With Marinara Sauce Steamed Broccoli	3 <u>Sloppy Joes</u> 1- with Local Beef 2- or with Veggie Burger Kale Chips	4 <u>Chili</u> 1- with Local Beef 2- with Vegetables Rice Add Sour cream and Cheddar
7 <u>Pizza Day</u> Homemade Pizza 1- with Cheese and Pesto 2- with Cheese	8 <u>TACO Tuesday</u> 1- with Local Beef 2- with Refried Beans Add homemade salsa and sour cream	9 <u>Southern BBQ</u> 1- Pulled Pork Sandwich 2- BBQ Tofu Sandwich Cole Slaw	10 <u>Smorgasbord</u> A variety of hot and cold choices	11 <u>Sandwiches</u> 1-Chicken Patty Sandwich on Whole wheat bun Or 2-Veggie Sandwich Sweet Potato Fries Add Lettuce and tomato
14 <u>Red Day</u> Pasta with Tomato Sauce Watermelon Red Cabbage Radish Strawberry Yogurt	15 <u>Orange Day</u> Beef or Bean Burrito Carrot Souffle Orange Peppers Carrots Cantaloupe Orange Juice	16 <u>Yellow Day</u> Quiche with Bacon and/or Cheese Yellow Squash Bananas/Pineapple Corn Lemonade	17 <u>Green Day</u> Caesar Salad Wraps Crispy Kale Edamame Beans Broccoli Kiwi	18 <u>Purple/Blue Day</u> Blueberry Pancakes Eggplant Parm Grapes Raisins Blueberry Yogurt Plums
21 	22 Inservice day	23 <u>TASTE TEST DAY</u> <u>DAIRY</u> 1-Roasted Pork Loin with gravy 1-Baked Sesame Soy Tofu Mashed potatoes Green beans Sunshine Yogurt Dip	24 <u>Lo Mein</u> 1- with Chicken and Vegetables 2- with Vegetables Rice	25 <u>Pizza Day</u> 1-with Cheese or 2-with Cheese and Pepperoni
28 <u>Pizza Day</u> Homemade Pizza 1- with Cheese and Vegetables 2- with Cheese	29 <u>TACO Bonus Tuesday</u> 1- with Local Beef 2- with Refried Beans Add Homemade salsa and sour cream	30 <u>Home Style Lunch</u> 1-Chicken and Biscuits 2-or Veggie and Biscuits Squash Cole Slaw Cranberry Sauce	31 <u>Brunch for Lunch</u> Waffles with Vermont Maple Syrup Vermont Country Farm Sausage Home Fries Fruit salad	

Grab and Go Breakfast \$2.00 Student \$3.00 Adult

Trail Mix Apple Juice/Milk	Bagels with Cream Cheese Yogurt Juice/Milk	Applesauce/Cheese Stick Juice/Milk	Graham Crackers and Peanut Butter Yogurt Juice/Milk	Butternut Squash Bread Yogurt Juice/Milk
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*USDA is a Equal Opportunity Provider and Employer

When submitting payment for your students account, please send check or cash in whole dollar amounts to our school office. You can pay online and manage your students account by clicking onto our website at faystonschool.org. Our Foodservice page there will direct you to our efunds services and how to set up an account.

We offer Neill Farm Beef, Green Mountain Harvest Lettuce, Vasseur Eggs and Vasseur Brothers Syrup when available.

News from the BIGGEST classroom in the school:

In January we will taste testing Dairy products. Sunshine yogurt will be our taste test, as well as other items.



Rainbow Week

**WE are CELEBRATING all the colors of the RAINBOW January 21-25!! We encourage students to wear something that is the COLOR of the day!! Each day we will be enjoying fresh fruits and vegetables based on the color of the day!*

**Students always enjoy seeing their parents at lunch time!! Come join your student any day for lunch!! If you know your going to stop by please let our front office know or just stop by! It's a great way to connect with your student in a school setting! Students always smile when they see their parents!*

Until next time - let's all think - lots of snow!

Chef Joslin and Chef Bray