




Waitsfield Elementary March School Menu  
 Student \$3.25 Reduced Child FREE Adult \$4.25

Each day the lunch menu includes yogurt/cottage cheese and milk (skim & 1%)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>5</p> 	<p>6</p> <p><i>Town Meeting Day..</i></p> 	<p>7</p> <p><u>Welcome Back Lunch</u>            Stuffed Shells            Marinara Sauce</p>	<p>8 **</p> <p><u>Fill your own LUNCH BOX</u>            1- with Turkey or Ham Sandwich            2- with Vegetables            Add Cheese Sandwich            Chips            Go Gurt            Carrot Sticks            Fruit</p>	<p>9</p> <p><u>BBQ Sandwiches</u>            1- BBQ Pork Sandwiches on WW bun            2- BBQ Tofu Sandwiches on WW Bun            Cole Slaw</p>
<p>12</p> <p><u>Meatless Monday</u>            Grill Cheese            Tomato Bisque</p>	<p>13</p> <p><u>Breakfast For Lunch</u>            Waffles            Sausage            Fruit Salad            Vermont Maple Syrup</p>	<p>14</p> <p><u>Homemade Pizza</u>            1- Pesto and Cheese            2- Pepperoni and Cheese            3- Cheese</p>	<p>15</p> <p><u>Isabella's Chili</u>            1- with Local Ground Beef and Beans            2- with Veggies and Beans            Add sour cream and cheddar cheese</p>	<p>16</p> <p><u>Quiche</u>            1- with Vermont Sausage and Cheddar Cheese            2- with Tri Color Peppers and Cheddar Cheese            Home Fries</p>
<p>19</p> <p><u>Meatless Monday</u>  <u>Spaghetti</u>            1- with Mariana            2- or Cheese Sauce            3- or Local Pesto            Kale chips</p>	<p>20</p> <p><u>Taco Tuesday</u>            1- with Local Beef            2- with Chicken            3- with Refried Beans            Add sour cream, homemade salsa and cheddar cheese</p>	<p>21</p> <p>Taste Test Day            Maple  <u>Homestyle lunch</u>            1- Chicken and Biscuits            2- Veggie and Biscuits            Squash            Cole Slaw</p>	<p>22</p> <p><u>Sloppy Joes</u>            1- with Local Beef            2- with Veggie Burgers</p>	<p>23</p>  <p>Parent-Teacher Conferences</p>
<p>26</p> <p><u>Meatless Monday</u>  <u>Pierogies</u>            1- with Sour Cream            2- with Marinara            3- with Sauteed Onions</p>	<p>27</p> <p><u>Burritos</u>            1- with Chicken and Cheese            2- with Beans and /cheese            Add sour cream and homemade salsa</p>	<p>28</p> <p><u>Sandwich</u>            1- Chicken Patty and Cheese            2- Veggie and Cheese            Spiral fries</p>	<p>29</p> <p><u>Homemade Pizza</u>            1- Cheese and Pepperoni            2- Cheese            3- Pesto and Cheese</p>	<p>30</p> <p><u>Lasagna</u>            1- with Local Meat and Italian Cheeses            2- with assorted Italian Cheeses            Caesar Salad</p>

Grab & Go Breakfast \$1.75 Child \$2.50 Adult Free Reduced child

Trail Mix Yogurt Juice/Milk	Bagels with Cream Cheese Yogurt Juice/Milk	Biscuits and Raspberry Jam Juice/Milk	Yogurt and Berry Parfait Cheese Stick Juice/Milk	Butternut Squash Bread Yogurt Juice/Milk
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When submitting payment for your child's account, please send check or cash in whole dollar amounts - **Thank you! Prepayment is expected!** You may also enroll in our online payment option [E funds for Schools](#). For more information on how to register, visit our school website. Click on services and then cafeteria for directions.

You can check your child transactions at anytime on PowerSchool. Any questions regarding your child's balance please contact our Director of Food Services, Cheryl Joslin at [cjoslin@wwsu.org](mailto:cjoslin@wwsu.org)

**\*\*March 8** - Please have your child bring their own empty lunch box to school. Students will learn what types of foods are encouraged for a healthy home lunch, if they choose not to get school lunch.

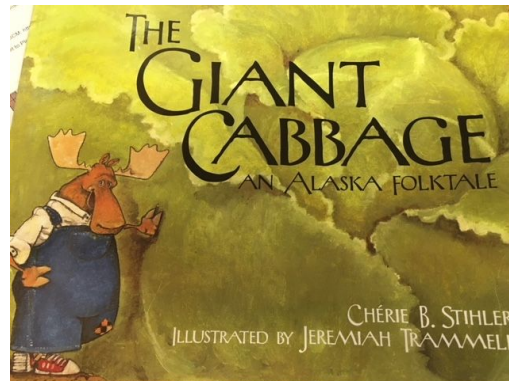
**Please see page 2 for information about our monthly taste testing.**

**Taste Testing this month was CABBAGE!!**

We made Gingered Cabbage Salad and Chinese Cabbage Salad. Knowing cabbage is a tough sell it was welcoming to hear many students say they liked it.

Did you know the largest cabbage weighed 125 lbs? That would make a lot of coleslaw!!

See below for a great book about cabbage to read with your children.



In March we will be celebrating MAPLE - just in time for some Vermont Liquid Gold.  
Have a great break from your day to day routines of going to school.

See you in March!

~ Chef Joslin