





Waitsfield Elementary March School Menu
 Student \$3.25 Reduced Child FREE Adult \$4.25

Each day the lunch menu includes yogurt/cottage cheese and milk (skim & 1%)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6</p> 	<p>7</p> <p>Town Meeting Day..</p> 	<p>8</p> <p><u>Quiche</u></p> <p>1- with Vermont Sausage and Cheddar Cheese</p> <p>2- with Tri Color Peppers and Cheddar Cheese</p> <p>Home Fries</p>	<p>9</p> <p><u>Soup Bar</u></p> <p>1- Tomato Bisque</p> <p>2- Chicken Noodle</p> <p>3- Veggie Chili</p> <p>French Bread</p>	<p>10</p> <p><u>BBQ Sandwiches</u></p> <p>1- BBQ Pork Sandwiches on WW bun</p> <p>2- BBQ Tofu Sandwiches on WW Bun</p> <p>Cole Slaw</p>
<p>13</p> <p><u>Meatless Monday</u></p> <p>Stuffed Shells</p> <p>Marinara Sauce</p>	<p>14</p> <p><u>Breakfast For Lunch</u></p> <p>Waffles</p> <p>Sausage</p> <p>Fruit Salad</p> <p>Vermont Maple Syrup</p>	<p>15</p> <p><u>Homemade Pizza</u></p> <p>1- Pesto and Cheese</p> <p>2- Pepperoni and Cheese</p> <p>3- Cheese</p>	<p>16</p> <p><u>Burgers</u></p> <p>1-Hamburger</p> <p>2-Cheeseburger</p> <p>3-Veggie Burger</p> <p>On WG Bun</p> <p>Waffle Fries</p>	<p>17 **</p> <p><u>Fill your own LUNCH BOX</u></p> <p>1- with Turkey or Ham Sandwich</p> <p>2- with Vegetables</p> <p>Add Cheese</p> <p>Chips</p> <p>Go Gurt</p> <p>Carrot Sticks</p> <p>Fruit</p>
<p>20</p> <p><u>Ramen Noodles</u></p> <p>Curly Asian Noodles with sauteed mixed vegetables</p>	<p>21</p> <p><u>Taco Tuesday</u></p> <p>1- with Local Beef</p> <p>2- with Chicken</p> <p>3- with Refried Beans</p> <p>Add sour cream, homemade salsa and cheddar cheese</p>	<p>22</p> <p><u>Fried Rice</u></p> <p>1- with Pork and Veggies</p> <p>2- with Veggies</p> <p>Fortune Cookie</p>	<p>23</p> <p><u>Sloppy Joes</u></p> <p>1- with Local Beef</p> <p>2- with Veggie Burgers</p>	<p>24</p>  <p>Parent-Teacher Conferences</p>
<p>27</p>  <p>Teacher Inservice Day</p>	<p>28</p> <p><u>Burritos</u></p> <p>1- with chicken and cheese</p> <p>2- with beans and cheese</p> <p>Add sour cream and homemade salsa</p>	<p>29</p> <p>1-Homemade Cabot Mac & Local Cheese</p> <p>2- or Cabot Mac & Trees (broccoli)</p> <p>Roasted Beets</p>	<p>30</p> <p><u>Pizza</u></p> <p>1- Cheese and Pepperoni</p> <p>2- Cheese</p> <p>3- Pesto and Cheese</p>	<p>31</p> <p><u>Lasagna</u></p> <p>1- with Local Meat and Italian Cheeses</p> <p>2- with assorted Italian Cheeses</p> <p>Caesar Salad</p>

Grab & Go Breakfast \$1.75 Child \$2.00 Adult Free Reduced child

Trail Mix Apple Juice/Milk	Pumpkin bread Yogurt Juice/Milk	Cereal (Kix) Juice/Milk	Egg and Cheese Sandwich Yogurt Juice/Milk	Yogurt Parfaits Juice/Milk
----------------------------------	---------------------------------------	-------------------------------	---	-----------------------------------

When submitting payment for your child's account, please send check or cash in whole dollar amounts - **Thank you! Prepayment is expected!**
News from the biggest classroom in the school:

Sadly, Matt Enriquez will be leaving us for an amazing opportunity on March 17. Please help us wish Matt well as he embarks on his new journey!

****March 17** - Please have your child bring their own empty lunch box to school. Students will learn what types of foods are encouraged for a healthy home lunch, if they choose not to get school lunch.